

**Greenwood House Menu Week 3**

Week 3	3.2.25	3.3.25	3.4.25	3.5.25	3.6.25	3.7.25	3.8.25			
DAY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Breakfast House Selection – Individualized  Based on Resident Preferences	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea or Oatmeal– 6 oz Hard Cooked Egg - 1 Toast/Margarine/Jelly 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea\Cream of Wheat 6oz Scrambled Egg – 2 oz Toast/Margarine/Jelly - 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea or Oatmeal– 6 oz Hard Cooked Egg - 1 Toast/ Margarine/Jelly 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea\Cream of Wheat 6oz Scrambled Egg – 2 oz Toast/ Margarine/Jelly - 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea or Oatmeal– 6 oz Hard Cooked Egg - 1 Toast/Margarine /Jelly - 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea\Cream of Wheat 6oz Scrambled Egg –2 oz Toast/Margarine/Jelly 1 each Milk 8oz	Orange or Banana – 1 Orange Juice – 4 oz Cereal: Cold – 1 ea or Oatmeal– 6 oz Scrambled Egg –2 oz Toast/Margarine/Jelly - 1 each Milk 8 oz			
	Lunch	Minestrone Soup – 6 oz Veg Burger w/ Cheese Melt, Lettuce & Tomatoes - 1 each Mayo - 1 PC Capri blend – 4 oz Tater Tots - 4 oz Chocolate Cake - 1 sl Milk - 8oz	Garden vegetable Soup – 6 oz Vegetable Lasagna w/ Blush Sauce - 8oz Italian Vegetable Blend - 4oz Garlic Bread - 1 Slice Margarine - 1 pc Ice Cream - 4oz Milk - 8oz	Lentil Soup– 6 oz Potato & Cheese Pierogies w/ Fried Onions - 8oz Wax Beans - 4oz Sour Cream - 2oz Roll/Margarine - 1 each Carrot Cake - 1 Slice Milk - 8oz	Cream of Broccoli Soup - 6oz Macaroni & Cheese - 6oz Broccoli - 4oz Stewed Tomatoes - 4oz Roll/Margarine - 1 each Tapioca Pudding - 4oz Milk - 8oz	Lima Bean Soup – 6 oz Eggplant Parm w/ Blush Sauce - 6oz Carrots - 4oz Linguini - 4 oz Roll/Margarine - 1 each Marble Pound Cake - 1 Slice Milk - 8oz	Matzo Ball Soup - 6oz - Broccoli and Tomato Quiche - 8oz Capri blend – 4 oz O'Brien Potatoes - 4oz Roll/Margarine - 1 each Chocolate Pudding - 4oz Milk - 8oz	Potato Soup – 6 oz Garden Beef Bolanaise - 6oz Italina Blend - 4oz Pasta - 4oz Roll/Margarine - 1 each Home Baked Cookies - 2 each Milk - 8oz		
		Alternate 1	Deviled Egg Salad Platter - 4oz Lettuce/Tomato - 2 slices each 3 Bean Salad - 4 oz Roll/Margarine - 1 each	Tuna Sandwich on White Bread - 4oz/2 slices Lettuce & Tomato - 2 slices each Health Salad - 4oz	Chef Salad With Cheese and Hard Cooked Egg - 1 each Salad Dressing - 2 oz Roll/Margarine - 1 each	Seafood Salad Platter - 4oz Lettuce & Tomato - 2 slices Macaroni Salad - 4 oz Roll/Margarine - 1 each	Greek Salad w/ Kalamata Olives, Red Onions, Tomatoes, Feta Cheese & Pepperoncini - 1 each Greek Salad Dressing - 2 oz Roll/Margarine - 1 each	Tropical Fruit & Yogurt Plate - 8 oz Yogurt/ 1 cup fruit Roll/Margarine - 1 each	Lox & Bagel - 4oz Lettuce & Tomato - 2 slices Cream Cheese - 1 each	
			Dinner	Swedish Meatballs - 6oz Spinach - 4oz Noodles - 4oz Roll/Margarine - 1 each Peaches - 4oz	Grilled Chicken - 4oz Peas & Carrots - 4oz Seasoned Rice - 4oz Roll/Margarine - 1 each Fresh Fruit Cup - 4oz	Chicken Marsala - 4oz Green Beans - 4 oz Mashed Potatoes - 4oz Roll/Margarine - 1 each Pineapple Tidbits - 4oz	Sausage w/ Onions & Peppers – 8 oz Cauliflower - 4 oz Roasted Potatoes - 4oz Roll/Margarine - 1 each Fresh Fruit Cup - 4oz	Salisbury Steak/Gravy - 4oz/2 oz Spinach - 4oz Seasoned Rice - 4oz Roll/Margarine - 1 each Mandarin Oranges - 4oz	Roasted Chicken - 4oz Mixed vegetables - 4oz Lemon Herb Roasted Potatoes - 4oz Roll/Margarine - 1 each Fresh Fruit Cup - 4 oz	Breaded Fish -4 oz/Tartar Sauce Broccoli - 4oz Rice - 4oz Roll/Margarine - 1 each Fruit Cocktail - 4oz
				Alternate 1	Waldorf Salad w/ Grapes, Celery, Onion, Grilled Chicken Salad- 1 ea Roll/Margarine - 1 each	Open Faced Shredded BBQ Beef over Kaiser Roll - 4oz/ 1 oz Coleslaw - 4oz Lettuce & Tomato - 2 slices each	Roast Beef Hoagie - 4oz/1 roll Horseradish Sauce- 2oz Lettuce & Tomato - 2 slices Potato Salad - 4oz	Egg Salad on Croissant - 4oz/1 ea Lettuce & Tomato - 2 slices Carrot & Raisin Salad - 4oz	Tex Mex Chicken Tacos - 2 each Lettuce & Tomato - 2 slices Salsa - 2 oz Seasoned Rice - 4oz	Italian Roast Beef Sandwich on Roll 4 oz/1 roll with Balsamic Aioli - 2 oz Lettuce & Tomato - 2 slices Coleslaw - 4oz

Alternate Selections will receive appetizers and desserts as outline on the house selection Menu Updated 10/2/23